



Resources and Safety Kit

Learn more and find out how you can support AMKS and ASD families at
www.AutismMomsKnowSafety.com



Our Affiliates

In addition to resources developed by Autism Mom Knows Safety, five other partners have joined us in making this kit possible.

If you'd like to add some resources to our safety and resource kit please reach out to us at www.AutismMomsKnowSafety.com.

We want to keep the AMKS free of charge, your donations assist us do that. Donations can be made at autismmomknowssafety.com



**The
Door
Guardian**



meijer

CMFRT

AngelSense





Sponsor Opportunities

Help AMKS Spread Autism Awareness & Safety

Contributing \$150/year

Sponsor Recognition
Name On Sponsor Page
on Website & AMKS
Safety Kit Thank You Page

1 Social Media Blast

Tax Deduction:
Sponsorship Of AMKS
Is Tax Deductible To The
Full Extent Of The Law.
Consult With Your Tax
Advisor.

Supporting \$300/year

Sponsor Recognition
In Any Print, Digital &
Online Media For Sites or
Events Including Sponsor
Logo, Weblinks & Brief Bio
on Website

3 Social Media Blast

**1/4 Page AD in AMKS
Safety Kit**
Digital & Physical (Mailed)

Tax Deduction:
Sponsorship Of AMKS
Is Tax Deductible To The
Full Extent Of The Law.
Consult With Your Tax
Advisor.

Sustaining \$500/year

Sponsor Recognition
In Any Print, Digital &
Online Media For Sites or
Events Including Sponsor
Logo, Weblinks & Brief Bio
on Website

6 Social Media Blast

**1/2 Page AD in AMKS
Safety Kit**
Digital & Physical (Mailed)

**100 Safety Kits Donated
In Sponsor's Name**

Tax Deduction:
Sponsorship Of AMKS
Is Tax Deductible To The
Full Extent Of The Law.
Consult With Your Tax
Advisor.

Leader

\$1,000/year

Sponsor Recognition
In Any Print, Digital &
Online Media For Sites or
Events Including Sponsor
Logo, Weblinks & Brief Bio
on Website

12 Social Media Blast

**Full Page AD in AMKS
Safety Kit**
Digital & Physical (Mailed)

**200 Safety Kits Donated
In Sponsor's Name**

**1 Sponsored Blog/Vlog
About Sponor And Sponor
Product/Service**

**Opportunity To Provide
Marketing Materials
and/or Samples at
Select Events**

Tax Deduction:
Sponsorship Of AMKS
Is Tax Deductible To The
Full Extent Of The Law.
Consult With Your Tax
Advisor.

Trustee

\$2,500/year

Sponsor Recognition
In Any Print, Digital &
Online Media For Sites or
Events Including Sponsor
Logo, Weblinks & Brief Bio
on Website

24 Social Media Blast

**Full Page AD in AMKS
Safety Kit**
Digital & Physical (Mailed)

**500 Safety Kits Donated
In Sponsor's Name**

**1 Sponsored Blog/Vlog
About Sponor And Sponor
Product/Service**

**Opportunity To Provide
Marketing Materials
and/or Samples at
Select Events**

**Sponsor Logo On Banners
Used During Events,
Television Spots &
Photoshoots.**

Tax Deduction:
Sponsorship Of AMKS
Is Tax Deductible To The
Full Extent Of The Law.
Consult With Your Tax
Advisor.

*All Safety Kits are delivered directly to Families & Caregivers with ASD Dependents, providing direct marketing for potential customers.
All Ads and Marketing Material must be value neutral and are subject to prior approval by boardmembers of AMKS.*

Autism Moms Know Safety is committed to those with an Autism Spectrum Disorder (ASD) who have wandering tendencies and may wander or elope from a safe environment. These individuals may be non-verbal or unable to recognize danger.

The AMKS Safety Kit is a free-of-charge toolkit given to autism families to help spark the safety conversations in their home. It's a means to educate, raise awareness and share simple tools for Autism safety that can help prevent wandering and/or assist others if your child is missing to help get them home safely.

The AMKS Safety Kit includes the following resources*:

- 1) Letter from Natasha Barber on "Why Autism Safety is so important in Our Family"
- 2) AMKS Did You Know Information Sheet
- 3) One (1) AMKS Safety Signs Matching Board
- 4) One (1) AMKS Community Sign Safety Board
- 5) One (1) AMKS Travel Safety Board
- 6) Two (2) Child Identification temporary Tyvek Wristbands
- 7) One (1) Child Identification Card for your Vehicle Glovebox
- 8) One (1) AMKS Business Card
- 9) Two (2) Stop Sign Visual Prompts for Doors/Windows
- 10) One (1) AMKS Brochure
- 11) Two (2) Emergency Contact Form
- 12) One (2) Child On Board Car Decals
- 13) One (1) If I Need Help Flyer and Safety Pin
- 14) One (1) Road ID Discount code Flyer
- 15) One (1) MYID Discount Code Flyer
- 16) One (1) Angel Sense GPS \$50 Coupon Code

**If you download the PDF it will not contain certain physical items, i.e. Pins, Stickers, etc.*

All materials in the AMKS Safety Resource and Safety Kit are provided for your INFORMATION only. This is not a Comprehensive safety guide and does not constitute medical advice or an endorsement of any clinical or therapeutic method, treatment, service, safety device, safety product, organization or vendor. Autism Moms Know Safety is not responsible for the content produced by, or the services rendered by, any third party that is referenced, or to which access may be provided via this safety kit. BE SURE TO ADVISE AND CONSULT WITH THE CHILD'S HEALTH CARE PROVIDERS CONCERNING THE USE OF THIS SAFETY KIT.

Why Autism Safety is So Important in Our Family

by Natasha Barber

Ever wonder how your itty bity toddler is standing on the counter top when there is absolutely no ladder or chair in sight or how they have managed at the age of four years old to figure out how to unlock the front door and get out!!! Well that was our question. Safety wasn't really something I ever imagined was going to be such a major concern in our family until that point.

Joshua was diagnosed autistic when he was almost three years old but it wasn't until a year later that I began to see the imaginative Houdini side of him. Joshua was beginning to experiment and when he was four years old realized we moved beside a lake and was magnetized. I began to notice that every five minutes Joshua would walk over to the door and turn the door handle to check if he could open the front door. One day he found his opportunity and went straight for the lake. Fortunately Joshua was not hurt but that was the start of our realization that we as a family had to elevate our safety measures in our home. That same afternoon the family took a trip to Home Depot and we found an Electronic Door Lock and Door/Window Alarms and right away installed them in our home. That was the absolutely the best safety prevention we did in our home. That day that Joshua escaped was the first and last one all due to our strong motivation to keep Joshua safe along with our short shopping trip to Home Depot

"The second safety scare was the final one that pushed all my safety driven initiatives to come to life. "

The second safety scare was the final one that pushed all my safety driven initiatives to come to life. Joshua escaped his before/aftercare one day and landed on a 50mph road headed for the forest/pond on the other side. I heard about it from the school when I picked up Joshua and I went into safety overdrive. I suddenly realized that my son's curiosity, persistence, his lack of understanding of what danger is as well as his "no fear" approach to his surroundings forced us to be proactive, be informed, be prepared and be alert at all times. First, my husband and I attended an Autism Safety Workshop at our local university. We learned many safety tips from the workshop but we also realized we were not the only parents with these fears and challenges. I heard parent's fears of not being able to keep their child safe and feelings of being overwhelmed. I walked away from that workshop with a lot of knowledge of ways to keep Joshua safe but also with ambition to share what I learned and what we as a family have done through trial and error and research to keep Joshua safe.

Autism Safety is very important to our family. It started with trying to make sure Joshua was safe in any environment he went and now it has expanded to helping other parents achieve the same level of safety within their home and environment. I am a strong believer that if you can make sure your child is safe in any environment without being hurt or wandering away, you are able to focus on enjoying your time together as a family with less stress. This passion I have now for safety has driven me to create an Autism safety Information website to help parents. My goal is to help parents address their safety concerns for their loved ones. For more information on autism safety products I have found and my own experiences, **please visit my website (www.autismmomsknowsafety.com)**.





DID YOU KNOW...?

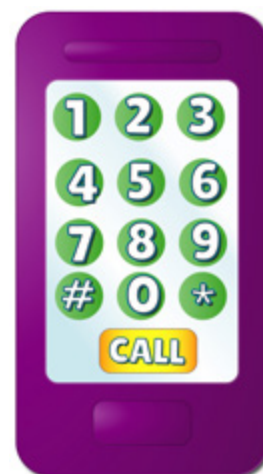
About one-third of children and adults diagnosed Autistic are not able to say their name, the word "HELP" or their number?



Use Name Badges



If Non-Verbal,
Use the Sign for Help



Include Important
Numbers on
All IDs.

If your child is non-verbal, or has a wandering tendencies, it is important to use child identification.

There are many types of identification available and it's a fantastic way for someone coming into contact with your child to get the information they need in order to assist them.

Some forms of Child Identification available are:

ID Bracelets
Temporary Tattoos
GPS
Zipper Pulls
Shoe ID Tags
ID Dog Tags
ID Cards/Wallet Cards

ID Patches
Seat Belt Covers with ID
ID Sign
ID Keychain
Iron on Labels with Child's Information
ID Luggage Tags for Backpacks, Belts, etc

Let's Talk About **AUTISM SAFETY!**

There is no “right” or “wrong” way to preventing accidents. Every child is different and they all test their bounds in different ways but Autistic children tend to have some tendencies that are safety potentials and hazards.

By sharing our experiences and knowledge with each other, we can make the environment for our children a safer place, allowing us to spend less energy on finding the next hazard and more energy on enjoying our little ones.



About Natasha Barber

Natasha Barber, a mother of four, engineer and author of the children's book series, “Tommy's Lessons,” created the blog Autism Moms Know Safety in 2015. It is a way to share with other parents following the journey of raising an autistic child and what she has done to keep him safe.

The blog shares resources, tips and stories that she has learned over the years of raising her autistic son. She invite others to ask questions and share their own stories of motherhood, fatherhood and raising an autistic child.

“I pride myself on my passion for safety and want to share this with the autism community.”



AUTISM MOMS KNOW SAFETY

**Be Prepared! Be Informed!
Be Proactive! Be Alert!**



Connect with AMKS

**AUTISM
SAFETY AWARENESS**

Be Prepared! Be Informed! Be Proactive! Be Alert!



AUTISM MOMS KNOW SAFETY
Sometimes Dangerous Situations Are Not Always Obvious Situations.

**www.AutismMomsKnowSafety.com
natashabarber@gmail.com**



[FB.me/AutismMomsKnowSafety](https://fb.me/AutismMomsKnowSafety)



[instagram.com/thenatashabarber](https://www.instagram.com/thenatashabarber)



[youtube.com/thenatashabarber](https://www.youtube.com/thenatashabarber)

Autism Safety in the **Home**

For parents raising an autistic child, the home can contain so many dangers that parents find themselves stressing about ways to keep their child safe.



The reasons for a parent's elevated—and what seems to be an extreme—level of safety is due to the characteristics that many autistic children possess: high pain tolerance, no fear, and flight risk tendencies.

Autism Safety in the **Community**

We all venture out into the community every day, whether it's for school or work, to play in the park, go shopping, or just out visiting friends and family.



These activities take some planning &, sometimes, precaution. Safety throughout the community is challenging, because you are no longer in the comfort and security of your own home.

Autism Safety in the **School**

Most children and even parents experience some level of separation anxiety when their child goes to school for the first time.



These are all very natural concerns for a parent with a typical developed child. But, what about a parent with a child on the spectrum? What are their concerns? Safety, safety, safety! That is absolutely the biggest concern. AMSK Blog discusses IEP Programs and bullying and more.

COMMUNITY SAFETY SIGNS

Stop

Exit

Danger
Keep Out

Railroad
Crossing

Police

No Entry

Poison

Cross

Hospital

Mens
Restroom

Women's
Restroom

Don't
Cross

 **AUTISM MOMS KNOW SAFETY**



SAFETY SIGNS BOARD

Recycle

First Aid

Water
Fountain

Restroom

WiFi

Food

Poison

Stairs

Hospital

Wheel
Chair
Accessible

Airport

Waiting
Area

Escalator

Railroad
Crossing

No
Smoking

Elevator

 AUTISM MOMS KNOW SAFETY



TRAVEL SIGNS BOARD

Rest Area

First Aid

Water
Fountain

Restroom

WiFi

Food

Highway

Bus

Parking

Wheel
Chair
Accessible

Airport

Waiting
Area

Escalator

Phone

No
Smoking

Elevator



Visit www.angelsense.com/amks/
for \$50 off AngelSense

Get a huge discount
on AngelSense

AND most importantly –
GET PEACE OF MIND!



Visit shop.gotmyid.com for
20% off MYID

 **MyID** A deal just for you
20% OFF



Shop at shop.getmyid.com

Use code AMKS20

one per customer



Help For Our Loved Ones Who May Wander Or Need Assistance!

We were in a panic when our son Jay, a low-verbal boy with autism, went missing in the past. He had no way to ask for help. This inspired us to create ways for at-risk individuals to "wear their info"



Quick Start Guide:

To Become A Member

1. Go to the IfINeedHelp.org "Free Sign Up" tab & follow the instructions
(If we met at an event or you were sent your sign up information by an organization we will be creating a free membership for you. In this case user name and password will be emailed to you from info@ifineedhelp.org. Please check your spam folder.) If you can't wait to get started please go to the ifineedhelp.org "Free Sign Up" tab follow the instructions.

To create & Use your Caregiver Controlled Special Needs Registry

1. Go to ifineedhelp.org and log into your account.
2. Go to My account / and click on the "Edit If I Need Help Profile"
2. Follow the prompts to create your profile and your Emergency Q&A
3. Save & Print your information, store in a safe accessible place in case of emergency
4. During a crisis give the printed Profile & Emergency Q&A to first responders or select "Emergency Email", enter the email addresses you wish to send the Profile & Emergency Q&A.
5. Click send & then click OK.

To associate a new code with your profile

(You Need to Do this for each new QR Code to work with your account)

1. Go to ifineedhelp.org and log into your account.
2. Go to My account / "Add An Existing Code" Add the new code

(661) 524-6732 erin@ifineedhelp.org





AUTISM MOMS KNOW SAFETY

USING LOCKS AND ALARMS IN YOUR HOME

DOOR/WINDOW
ALARM



ELECTRONIC
DOOR LOCK



WIRELESS
MOTION SENSOR



**The
Door
Guardian**



LOCKS & ALARMS AVAILABLE AT MOST LOCAL RETAIL STORES OR ONLINE.

Shop @ ifineedhelp.org

A deal just for you

20% OFF



Use code Autism Moms

one per customer



Coming This November!

Pre-Orders Available Today

THE WAITING SONG

The Waiting Song is a beautifully illustrated children's book that gives readers a small look into the world of a child with autism that is set in an inclusive preschool setting.

Readers will meet 4-year-old Nigel the hedgehog who likes trains, cookies, and whom is a lot like other kids in class but doesn't talk or say many words. Nigel is not very good at taking turns or being polite and he really does not like to wait but will learn with empathy and understanding from those around him.

This wonderful book is an engaging tool for teaching children about autism while teaching the importance of being polite and waiting your turn. The Waiting Song was written by Natasha Barber, whose son with Autism was her inspiration.



Natasha hopes that by capturing her son's song that he came up with during therapy while he was learning to wait, will encourage and help teach children Autism Awareness and encourage understanding and acceptance of other children with Autism.

www.TheWaitingSong.com

The Importance of Autism Awareness in Our Youth

by Natasha Barber

When we think about Autism Awareness we think about educating the community leaders; the teachers, caregivers, police officers, Neighbors, family and friends. Why is it so important to make sure as many people as possible are educated in Autism and the challenges and beauty Autism offers is because awareness is key to acceptance and respect. The more that people learn and understand about children with Autism, the more empathy and proper care they will receive. So what about the importance of autism awareness in young children, and how do we teach empathy?

When my son was five years old, I put him in a pre-school program with an aid. Joshua was given the opportunity to participate in all the activities just like his fellow classmates. His peers, like all other children in the community had to learn what Autism was for Joshua, how they could help him, how they were the same, how they were different and how to respect one another. If young children have the opportunity to learn about diversity and disabilities such as Autism, they will have a better understanding and appreciation of other children when they meet someone with special needs

Empathy allows children to not only understand other's conditions but encourages them to put themselves in that person's shoes, feel what they are feeling and is the first step towards compassionate action. During Circle Time at the preschool, Joshua's classmates would get his special sensory chair for him so that he could feel comfortable and included. When they saw him climbing on something dangerous, they would swiftly alert the teacher or guide him to safety. And at craft time, one sweet student always sat next to him, providing consistency and camaraderie. The children around Joshua didn't see him as Autistic, but as a friend that sometimes needed help participating. It is essential that children

learn at a young age, that it is ok to be different, have challenges, and that there is so much more to a person than their disability. This acceptance and understanding leads children to being more protective of their fellow peers and may even lead to fewer bullying experiences.

Teaching children Autism Awareness is just as important as teaching adults in the community. Children at a young age learn that its ok to be different and no two people are the same. As a growing society of children with different disabilities and challenges, we need to be open with our youth about the importance of seeing a person's disability as only a small

"The children around Joshua didn't see him as Autistic, but as a friend that sometimes needed help participating."

characteristic of a person, that there is so much more to an individual then just their disability. So as society is growing to become more mindful and respectful of individuals with disabilities and challenges, our youth also become examples of empathy, respect and compassionate support for others.

Natasha Barber is the author of the forthcoming, "The Waiting Song," published by Future Horizons Inc, and available at your local stores in November 2017. The picture book is about Nigel the Hedgehog, who has autism and struggles with being patient, polite or taking turns, but with the help and understanding of his classmates, family and his teacher Miss Little, Nigel can make new friends and learns a musical way to be patient. "The Waiting Song" was inspired by her eleven year old son Joshua, who is Autistic and came up with his waiting song during therapy. Natasha's, "The Waiting Song," really captures the idea that Autism Awareness is key for children and adults to understand individuals on the spectrum and with that understanding and awareness comes love, and acceptance.

For more information on autism advice and experiences:

Blog: www.autismmomsknowsafety.com

Facebook: AutismMomsKnowSafety

Instagram: @thenatashabarber

The Waiting Song: www.thewaitingsong.com

To learn more about her other book series, **Tommy's Lessons** visit online at: www.tommyslessons.com

Print & Cut

These decals can be used anywhere you want! Print on sticker paper or glossy paper, laminate it, glue it to magnet paper, make it small or make it large for all to see. They are perfect for alerting your community and those around you and increasing Autism Awareness!



EMERGENCY CONTACT FORM

I AM

**PLACE
PHOTO
HERE**

CHILD NAME _____

HAIR COLOR _____ HEIGHT _____

AGE _____ WEIGHT _____

METHOD OF COMMUNICATION (verbal and nonverbal)

ALLERGIES _____

ADDRESS _____

IN EMERGENCY CONTACT

EMERGENCY CONTACT NAME _____

EMERGENCY CONTACT NUMBER _____


ALTERNATE CONTACT NUMBER _____



AUTISM MOMS KNOW SAFETY

Print & Cut

These decals can be used anywhere you want! Print on sticker paper or glossy paper, laminate it, glue it to magnet paper, make it small or make it large for all to see. They are perfect for alerting your community and those around you and increasing Autism Awareness!

CHILD NAME					
PLACE PHOTO HERE	ADDRESS				
	D-O-B	WEIGHT		HEIGHT	
CONTACT NAME	HOME PHONE		CELL PHONE		
EMERGENCY CONTACT NUMBER					

	Name _____ # _____
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	Name _____ # _____
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Print & Cut

These decals can be used anywhere you want! Print on sticker paper or glossy paper, laminate it, glue it to magnet paper, make it small or make it large for all to see. They are perfect for alerting your community and those around you and increasing Autism Awareness!



Print, Laminate & Learn

Help your dependent learn and memorize these important cross walking safety rules.

